



Sex and Relationship Education Policy

Updated: June 2017

Review Date: June 2018

WILMINGTON ACADEMY

Sex and Relationship Education Policy

Rationale

“Effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives”. (DFE 2000).

Statement of Intent

We have a responsibility to help and support young people through their physical, emotional and moral development. A well-planned and effective SRE programme will help young people learn to respect themselves and others and move with confidence from childhood through adolescence and into adulthood.

SRE has three main elements:

Attitudes and values

- Learning the importance of values and individual conscience and moral considerations;
- Learning the value of family life, marriage and stable and loving relationships for the nurture of children;
- Learning the value of respect, love and care;
- Exploring, considering and understanding moral dilemmas; and
- Developing critical thinking as part of decision making.

Personal and social skills

- Learning to manage emotions and relationships confidently and sensitively;
- Developing self respect and empathy for others;
- Learning to make choices based on an understanding of difference and with an absence of prejudice.
- Developing an appreciation of the consequences of choices made;
- Managing conflict, and
- Learning how to recognise and avoid exploitation and abuse.

Knowledge and understanding

- Learning and understanding physical development at appropriate stages;
- Understanding human sexuality, reproduction, sexual health, emotions and relationships;
- Learning about contraception and the range of local and national sexual health advice, contraception and support services;

- Learning the reasons for delaying sexual activity, and the benefits to be gained from such delay; and
- The avoidance of unplanned pregnancies.

(DFE 2000)

Aims of the SRE policy

The aim of this policy is to:

- Acknowledge the importance of SRE as a valuable part of the curriculum.
- To highlight the key elements.
- To clearly set out procedures for planning, delivery, monitoring and evaluation of SRE as part of PSHE/Citizenship.

Statutory duty of the Academy

It is a legal requirement for the school to provide SRE in all key stages. The DFE recommends that sex and relationship education is delivered through the PSHE/Citizenship framework.

This policy has been drawn up in line with the Sex and Relationship Education Guidance, DFE, 0116/2000, (which replaced Circular 5/94) and emphasises the need for effective SRE in Academies.

OFSTED is statutorily required to evaluate and report on the spiritual, moral, social and cultural developments of pupils. This includes evaluation and commenting on an Academies Sex and Relationship Education Policy.

Implementation/Procedures

Practices

SRE is taught across all key stages and is designed to build on previous knowledge and be appropriate to the age of the students. It is taught on 'Action Days' throughout the academic year, in lessons in mixed ability and mixed gender groups. SRE will be a part of the curriculum for all students* (see **parent**, below) in all years.

Teacher

The class teacher is responsible for ensuring, as far as possible, that the teaching environment is conducive for this kind of subject matter. The setting up and use of ground rules is encouraged.

As Academy policy, all staff would be expected to uphold and, where appropriate, reinforce the values and expectations promoted in this document in their day-to-day contact with students.

Student

There will be expectations placed on the students in terms of behaviour. They will be encouraged to approach this type of work in a mature way and respect those around them so that topics can be addressed and explored appropriately. The manner in which they approach the work can have a direct effect on the way in which the teacher is able to proceed with the lesson.

Parent

Parents have the right to withdraw their child from any SRE provided outside National Curriculum Science. They will be informed by letter before the lessons begin and are required to put their request in writing to the Academy.

Parents are to have a role to reinforce attitudes and values, personal and social skills, knowledge and understanding and to encourage a positive debate at all times.