

Ref: BBU/awl

11 October 2019

Dear Parent/Carer

On Tuesday 15 October 2019 we will be delivering our first 'Action Day' of the year. On these days we cover a wide range of topics, related to Spiritual, Moral, Social and Cultural education, as well as Personal, Social and Health education. These lessons are very much geared to each year group level so please do not worry. It is the aim of the government to ensure that students are well versed with these areas of their education. It is felt, through evidence, that those students who have a greater understanding of the issues can make better choices for their future.

Themes throughout the day will cover:

- Year 7 - Careers
- Year 8 - Emotional Wellbeing
- Year 9 - Understanding Healthy Relationships
- Year 10 - Digital Safety
- Year 11 - Post-16 (Sixth Form) Taster
- Year 12/13 - Wellbeing Activities

Students will not follow their usual timetable on the day and will not require their PE kits for any of the activities.

We are sure that the students will have a great day exploring a wide range of issues.

Yours faithfully



Bernadette Burwood
Director of Learning - Personal Development